

THE ARIZONA CHEETAHS TRACK CLUB  
2023 TRACK SEASON

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**Text "CHEETAHEMAILS" TO 22828 to be added to the email list**

# ***INFORMATION PACKET***

Please READ this entire packet completely before completing the Application Packet.  
This Packet of Information is yours to keep for your records.

# THE ARIZONA CHEETAHS TRACK CLUB

## 2023 TRACK SEASON

Welcome all new and returning athletes! We look forward to a great 2023 track season. The Arizona Cheetahs Track Club is a family organization that stresses academics, athletics and personal excellence and based on Christian principles. Our team is run by an all-volunteer staff.

The track season runs from January through June or the end of July for athletes that qualify for Regionals and Nationals. **Practice is held on Monday, Tuesday and Thursday a6t 5PM for ALL age groups** and is sometimes called on Wednesdays (all January), Saturdays and Sundays as needed. **PLEASE BE AT PRACTICE TO PICK UP YOUR CHILD BY 7:00PM - NO LATER, even if practice is not over please be there.** Transportation to and from practice and track meets is the parent's responsibility. Please make sure your athlete has water at every practice with their names is on everything. **We encourage you to find out who lives in your area for carpooling and emergency rides. NO PARENTS ARE ALLOWED ON THE FIELD DURING PRACTICE.** No negative comments or foul language will be tolerated, including, but not limited to, racial slurs, name calling, etc. We demand commitment and positive attitudes.

**PARENTAL PARTICIPATION IS MANDATORY!!** The Arizona Cheetahs Track Club is responsible for the **clerking** at all track meets. You will be scheduled by age group. There will be several snack bars scheduled during the season and we will need everyone's help and participation. Parents are an integral part of the success of their children and without parent volunteers a successful program cannot be achieved.

<b>Arizona Cheetahs Coaching Staff</b>		<b>Email: <a href="mailto:azcheetahs@yahoo.com">azcheetahs@yahoo.com</a></b>
Allen Williams	480-283-5468	Assistant Coach
Anton Bernard	480-278-1287	Assistant Coach
Charlotte Bouyssou	865-244-9511	Assistant Coach - Distance
Cynthia Washington	480-225-1158	Assistant Coach – Hurdles/Relays
Derrick Richardson	480-628-1819	Head Assistant Coach
Jade Blanke	480-270-9079	Assistant Coach
Jessica Fleeton	480-686-0619	Assistant Coach – Long Jump
Jonathan Benton	602-717-3062	Assistant Coach
Kennedy Broom	415-845-6013	Assistant Coach – Long Jump
Keri Suell	480-332-8535	Head Assistant Coach
Melissa Tiger	623-329-1453	Assistant Coach
Mercedes Foreman	480-241-1754	Assistant Coach
Norine Richardson	480-330-5615	Head Coach / President
Ray Hayes	480-855-3353	Assistant Coach - Distance
Ryan Stokes	480-226-4849	Assistant Coach – Distance
Shantel Hampton	480-434-5334	Assistant Coach - Racewalk
Stacy Lux	4802833428	Assistant Coach – Throws
Taylor Richbyron	480-2330131	Assistant Coach
Thomas Shepherd	480-950-8893	Assistant Coach – High Jump/Long Jump
Yative Tiger	480-930-8077	Team Administrator / Assistant Coach

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**Attendance:** You are expected to be at all practices and track meets. **Please be on time!!! Track meets sometimes run ahead of schedule and athletes will miss events. We do not know what time each athlete will run.** Regular attendance is essential for the athlete to get the most out of his or her abilities – everyone must attend practice to benefit from the workouts, and to succeed as an individual. **If an athlete is going to miss a track meet, please let us know a week before the track meet. When athletes are entered into a meet and don't compete, we forced to pay out unnecessary funds.**

**Sportsmanship:** You are to display good sportsmanship at all times. There will be no fighting, hitting, name calling or any other form of abuse or disrespect tolerated towards teammates, opposing athletes, parents, coaches, staff members, meet officials, etc. Please advise a coach if you observe this type of behavior. Remember to win without gloating (don't rub it in), lose without complaining (don't make excuses learn from it and move on), treat your coaches, parents, teammates, opponents, and the officials with respect, and if a teammate makes a mistake, encourage, don't criticize.

**School:** You are expected to maintain passing grades and to have good behavior in school. If not fulfilled, disciplinary action may be taken. Every athlete is required to turn in a copy of their report card each quarter. Progress reports may be requested from time to time if grades below average.

**Donations:** Although fees are paid, they are absorbed by payments to USA Track & Field for membership, insurance, uniforms and meets. Therefore, ongoing donations from parents, businesses and other organizations are needed. **If you know of an organization that donates money, please let Coach Yative know. Please check with your employers to see if they give charitable contributions. Most business will either match your donation or give funds if their employees volunteer and some will just give because it is a worthy cause.**

Also, if some families can afford to pay for another athlete in addition to their own, we encourage you to do so. We are a 501(c)(3) tax-exempt non-profit organization which means you can write off your donation. As many are giving to other charitable organizations, please consider the Arizona Cheetahs as part of your giving this year. See Coach Yative for any paperwork needed for donations. If you would like to donate, you can Zelle to us at [azcheetahs@yahoo.com](mailto:azcheetahs@yahoo.com) or Paypal [paypal.me/azcheetahs](https://www.paypal.me/azcheetahs) and let us know if it is a donation so you can receive a donation receipt.

**Event Selection:** Your child may be required to run in many different events throughout the year. We are not perfect and welcome all suggestions, however, we urge parents to trust our judgment. At times, a mistake may be made on the entry forms, as we enter over 100 athletes each track meet. If this happens to your child, please email us right away. **No unnecessary changes will be made at track meets, but we will correct for next time.**

**Relay positions are NOT definite – all the way up to State, Regionals or even Nationals we can make changes; therefore, your child may be moved on or off a relay at any time during the track season.** Please note - that at the end of the season, someone may end up on a relay that has not run on it before.

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Additionally, in order to keep communication lines open and for the season to run smoothly, we urge all parents to **please address any problems, concerns or issues as soon as they arise**. This will keep the dissention level down. We really need the parents on our side when decisions are made.

### Fees:

**Fees are due at the time of registration**. The amounts listed below are for the entire track season, but does not include Regionals or Nationals.

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|--------------------|---|
| ➤ \$400 per person | All Ages                                    |
| ➤ \$200 per person | High Schoolers (Competing Before and After) |
| ➤ \$60 per person  | High Schoolers (Competing Before Only)      |
| ➤ \$150 per person | High Schoolers (Competing After Only)       |
| ➤ \$250 per person | Training (Non-Competing)                    |

**Please Note:** The fee listed above is a mandatory flat fee, and is due and payable at registration. If you cannot make your payment in full, **a minimum deposit of \$250 per athlete is needed at the time of registration. Fees are not prorated or adjusted to the number of meets you plan to participate in. There will be absolutely no refunds for any reason. All fees must be paid in full no later than March 7, 2023.**

Our staff is made up of volunteers who love kids and want to see them succeed. Throughout the year we provide spikes for track shoes, water, Gatorade, fun days, ice cream days, hot dogs nights, spaghetti nights, etc. and try to help families in need.

Again, if you know of an organization that donates money, please email us at [azcheetahs@yahoo.com](mailto:azcheetahs@yahoo.com). Please check with your employers to see if they give charitable contributions. Most business will either match your donation or give funds if you volunteer time and some will just give because it is a worthy cause. If some families can afford to pay for another athlete in addition to their own, we encourage you to do so. We are a 501(c)(3) tax-exempt non-profit organization. As many of us are giving to other charitable organizations, please consider the Arizona Cheetahs as part of your giving this year.